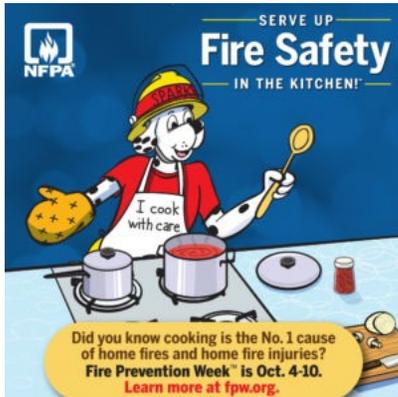


## Fire Prevention Week-October 4-10, 2020



As Fire Prevention Week approaches, the Conover Fire Department encourages residents to "Serve Up Fire Safety in the Kitchen." National Fire Prevention Week is October 4th through October 10th, 2020. This year's focus is on cooking fire safety and comes in response to an increase of home cooking fires. Home cooking fires represent the leading cause of home fires in the U.S. with nearly half, or 49% of all home fires, involving cooking equipment. Unattended cooking is the leading cause of these home fires. "Cooking continues to be a major contributor to the home fire problem," said Lorraine Carli, NFPA vice president of Outreach and Advocacy. "The good news is that the vast majority of these fires are highly preventable. This year's

Fire Prevention Week campaign works to better educate the public about where potential cooking hazards exist and basic, but critical ways, to prevent them." Carli notes that this year's focus on cooking safety is particularly timely, "as the public may continue to avoid restaurants for some time and opt instead to do more cooking and entertaining at home, the potential for home cooking fires will likely increase as well."

Key messages around this year's Fire Prevention Week campaign, "Serve Up Fire Safety in the Kitchen," will include the following:

- Keep a close eye on what you're cooking; never leave cooking unattended
- Keep anything that can catch fire such as oven mitts, wooden utensils, food packaging, towels, or curtains, at least three feet away from your stovetop.
- Be on alert. If you are sleepy or have consumed alcohol, do not use the stove or stovetop.

For more information about Fire Prevention Week and this year's theme, "Serve Up Fire Safety in the Kitchen," along with a wealth of resources to help promote the campaign locally, visit [fpw.org](http://fpw.org) or contact the Conover Fire Department at 828-464-1295.

## Code Enforcement – Signs

If you drive around the city of Conover you will notice the absence of countless signs along the roadway that advertise everything from handyman work to palm reading. With the exception of the time around elections, Conover does not allow any signage to be placed within the public right-of-way that is not traffic related. The public right of way is the space between the edge of the road or curbing and the legal property line. Most cities have a zoning code that does not permit this type of signage, and do not have a dedicated code enforcement officer or planning department to remove signs and inform the sign owners of the violation. When visiting another town or city look to see how many signs are cluttering the roadways. Did you ever notice them as much before? Have you become so use to them on the edge of the roadway that they are overlooked and not noticed? After you notice the difference between the roadway signs, are you delighted that your hometown puts forth the effort to keep the scenery clear of these signs? The Planning Department and Code Enforcement are proud to continue to remove these signs to help keep roadways cleaner and safer for Conover residents and its visitors.



If you wish to place a sign anywhere in the city limits, please call the Planning Department at 828-464-1191 or Code Enforcement at 828-464-4698 to ensure your sign meets the zoning code.

## Eagle Rock Camp



On September 11, 2020, Eagle Rock Camp held their ribbon cutting ceremony for their new headquarters in Conover. Eagle Rock Camp was founded in 2011 by Lynn Marilla and is a family saving, suicide prevention, organization that serves veteran and military families. Eagle Rock Camp reconnects families at therapeutic retreats that build healthy, resilient families. Through interactive workshops and therapeutic recreation families are learning life skills, how to have fun again, and most importantly starting on a solid pathway of healing-together.

The non-profit world has always been an important part of the social fabric of our lives to help with affordable housing, food insecurity and mental health issues. Eagle Rock Camp fills a critical gap to rebuild, preserve and reconnect military families who struggle with a range of issues such as marital difficulties, communication, financial stability, loss of connection between family and community.

How can you help? Help us get the word out! Volunteer, give, or simply stop by the office for coffee and learn more about the organization. Visit [www.eaglerockcamp.org](http://www.eaglerockcamp.org) for more information.

**Downtown Conover**  
**FALL SIDEWALK SALE**  
**Saturday Oct. 10th 9a-2p**

<b>A Jewels</b>	<b>Paisley Oak</b>
<b>Wild Azalea Boutique</b>	<b>Barter's Antiques</b>
<b>Embroidery Heaven</b>	<b>Homesliced Bakery</b>
<b>Sarah Ann's Cupboard</b>	<b>Piece by Peace</b>
<b>Shoppes on Main</b>	<b>Twigs &amp; Twine Florist</b>
<b>Bowman Drugs</b>	<b>Rebellious Rose</b>
<b>Patriot Jerky</b>	<b>Hip Hip HooWray</b>
<b>Conover Hardware</b>	<b>1877 Pub &amp; Grub</b>

Sugarcoated foodtruck will be selling delicious treats & kettle corn!  
**For additional information**  
please contact **Cornelia Allman** at **828.461.6565**

### Conover Farmers Market

We are excited to announce that this year's farmers market has been extended! Follow the Market on Facebook and Instagram @conoverfarmersmarket and visit [www.conoverfarmersmarket.com](http://www.conoverfarmersmarket.com) to stay up-to-date on scheduled events through the end of the year.

If you are interested in becoming a vendor, call or text (919) 349-2389 or email

[marketmanager@conoverfarmersmarket.org](mailto:marketmanager@conoverfarmersmarket.org)

Make sure to join us for the 2020 Holiday Market on Saturday, November 21, 2020 from 10 am – 2:00 pm. There will be over 40 vendors, food, fun, and excitement.

### Planning Ahead:

**City Council:** Meets the first Monday of each month at 7:00 p.m. at Conover City Hall

**Planning Board:** Meets the first Tuesday of each month at 6:30 p.m. at Conover City Hall

For more information regarding the City of Conover and our services please visit [www.conovernc.gov](http://www.conovernc.gov) and follow us on Facebook and Twitter.

**“This institution is an equal opportunity provider and employer.”**