

CONOVER NEIGHBOR



September 2016

National Preparedness Month

September is recognized as National Preparedness Month (NPM) which serves as a reminder that we all must take action to prepare, now and throughout the year, for the types of emergencies that could affect us where we live, work, and visit.

This year's theme, "*Don't Wait, Communicate. Make Your Emergency Plan Today,*" will be returning this September with a continuing emphasis on preparedness for youth, older adults, people with disabilities and others with access and functional needs.



September 2016 Preparedness Tips:

Prepare Family and Friends

- Contact family and friends before, during and after an emergency.
- Make a family emergency communication plan.
- Consider that your entire family may not be together during a disaster. Make a plan of how you will reunite after an emergency.
- Prepare for the unique needs of your family members, friends and neighbors.

Prepare Through Service

- Understand the importance of community preparedness.
- Get involved with your community organization or plan with neighbors.
- Highlight local preparedness efforts in your community.
- Celebrate first responders.
- Celebrate emergency-focused organizations who serve communities.

Individual Preparedness

- Understand actions you can take to be prepared for emergency.
- Be aware of specific needs you may have if an emergency strikes such as: medication, power needs, eye glasses, pet needs, required devices, etc.
- Understand safety tips and protective actions you can take before or during a disaster.
- [Download the FEMA app](#) for disaster resources, weather alerts and safety tips.

Lead Up to National Day of Action

- Participate in [National PrepareAthon! Day](#) on September 30.
- Add your preparedness activity to www.ready.gov/prepare.
- Encourage others to do a preparedness activity and register it on www.ready.gov/prepare.
- Share images of you and your community doing a preparedness activity.
- Share stories of how being prepared made a difference using #PrepareAthon.

You can also visit <https://www.ready.gov/> for more information.

Run.Live.Give Half Marathon

The Run.Live.Give Half Marathon is a 13.1 mile course with the start and finish line located at the Conover City Park, Conover, NC. This Route was designed with local runners in mind and includes a relatively flat course (we do have a couple of hills).



The RunTimeRaces Team has incorporated part of the courses from the NC Troopers FootChase 5K, The Conover School Run & Roll 5K, The Soldiers Reunion Run 5K, and the Night Crawl 5K to create the Run.Live.Give Half Marathon Course. This

event will be held on Saturday, September 24th at 7:30 a.m. This course has just enough flare to challenge you and the right balance of straight stretches to help you work towards your next personal record. Every finisher gets a MEDAL!!! RunTimeRaces has partnered with Hyatt's Angels Foundation for this event and a portion of the registration fee will go to this organization to help those in time of need.

For more information or to register visit <https://runsignup.com/Race/NC/Conover/RunLiveGiveHalfMarathon>

Code Enforcement – Nuisance Violations

Nuisance storage is a large percentage of code violations in the City. These violations can be annoying yet easy to remedy. Simply clean up and throw away items that cause the violation. Being easy to remedy doesn't mean that the City is free of nuisance storage but with your assistance we can make an impact on the removal of items that bring down the appearance of Conover. Look for and clean up these items on your property and report other properties where these items may be found to the Code Enforcement Officer.

Nuisance Items Include:

- Collections of Trash or Garbage
- Underutilized or Unused Building Materials
- Interior Furniture Stored Outside
- Automobile Parts or Products
- Plastic Storage Containers and Cardboard Boxes.
- Broken Outdoor Furniture
- Appliances
- Unused Metal Items
- Items Collecting Stagnant Water
- Broken Glass or Dangerous Items
- Food or Animal Waste

You may email nuisance violation complaints to codeofficer@conovernc.gov or call 828-464-4698. Together we can work to remove nuisance storage violations in Conover.

Planning Ahead:

City Council: Meets the first Monday of each month at 7 p.m. at Conover City Hall
September Council Meeting is on September 6th due to the Labor Day Holiday
Planning Board: Meets the third Tuesday of each month at 7 p.m. at Conover City Hall

“This institution is an equal opportunity provider and employer.”